



A WEEKLY EXPERIENCE

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Every week, we are invited to join in on this moment of candle-lighting – to transition from a weekday to a holy day. It is a huge gift, which began with Sara, our matriarch, who lit her candle in her tent thousands of years ago. I could describe how on Shabbat we turn off all the distractions and interruptions and bring warmth and light into our homes. I could write about holiness, serenity and the prayers of candle-lighting. But I would fail to describe it properly, because you can't really put it into words. One should just light Shabbat candles and feel it for themselves. Shabbat Shalom.

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