



A SANCTUARY IN TIME

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When Jewish women light the Shabbat candles, “the lights go on” as the darkness of this world fades away. When I light Shabbat candles, I recall the impactful teaching of Rabbi JB Soloveitchik (1903-1993) zt'l: “Both Shabbat and the Tabernacle constitute sanctuaries. One is a sanctuary in time [Shabbat] while the other is a sanctuary in space [Tabernacle]. G-d wants Jews to establish a residence for Him both in space and in time.

The Jew who prepared properly for Shabbat and is about to light his candles finds himself in the same position of the Jew of 2 000 years ago preparing to enter the Sanctuary [Temple]... While the Mishkan is a lofty and important place, we must remember [that] Shabbat, which is essential to Jewish survival, is stronger. We have survived 2 000 years without the Temple, but we could never have survived without Shabbat.” (Darosh Darash Yosef, p.197-199)